

CELEBRATE 3.21 • PRESCHOOL & DAYCARE

Preschool & Daycare Kit

Little toes, big hearts



A quick-start kit for preschool and daycare directors and teachers: a simple message for little ones, six hands-on activities, a family note, a sample day, copy for your parent app, and a door sign. It pairs with the full PreK Teacher Guide.

WHAT'S INSIDE

- | | | | |
|---|-------------------------|---|--------------------------------|
| 1 | Start here | 2 | 6 hands-on activities |
| 3 | Family note | 4 | Sample Rock Your Socks morning |
| 5 | Parent app & staff copy | 6 | Door sign |

START HERE

A simple 3.21 for little ones

For preschools, daycares, and early-learning centers. Keep it short, joyful, and hands-on. Toddlers and preschoolers learn best by doing.

FOR DIRECTORS

- Pick your day: Friday, March 19
- Send the family note (next page)
- Staff rock their socks
- Put a sign on the door

FOR TEACHERS

- One 10-minute circle time
- One sock activity
- One song
- Photos of feet only

FOR FAMILIES

- Wear fun socks to school
- Read a book together
- Color a sock at home
- Share with #Celebrate321 (optional)

Simple message for little ones: “Everybody is different, and different is good! Our friends with Down syndrome have an extra something in their bodies called a chromosome. We celebrate everyone on 3.21!”

ACTIVITIES (PICK 1-2)
SOCK SORT

Mix up paper socks; kids find the pairs, then the odd ones. “Different is fun!”

SOCK PUPPETS

Old socks + felt + buttons (adult help). Puppets say hi to each other.

OUR SOCKS GRAPH

Kids place a sticker by their sock color. Count together!

3.21 SONG

“If you’re wearing silly socks, wiggle your toes!” (to ‘If You’re Happy and You Know It’)

FRIENDSHIP CIRCLE

Each friend says one thing they like to do. We’re all different, and we all belong.

COLOR A SOCK

The sock coloring page from the Universal Kit.

More in the full PreK Teacher Guide and Activity Leader Guide: Little Talks, Big Ideas messages, a sock banner, a graph, the Friendship Song card, and a take-home kit.

FOR FAMILIES

Family note & sample day

Send home a week before, or post in your parent app.

Rock Your Socks Day is Friday, March 19!

Dear Families,

On Friday, March 19, our school is celebrating **World Down Syndrome Day** (March 21) with Celebrate 3.21. Please send your child in their brightest, silliest, most mismatched socks!

We'll sing, sort socks, and talk about how everyone is different, and different is good. People with Down syndrome have an extra copy of chromosome 21, which is why the day is 3/21.

At home, you might ask: *"What makes you special? What makes your friend special?"*

Thank you! [Teacher / Director]



TIME	SAMPLE ROCK YOUR SOCKS MORNING
Arrival	Sock parade! Everyone shows their socks.
Circle (10 min)	Simple message, the song, a book about differences
Centers	Sock sort, puppets, or coloring
Snack	"Mismatched" snack: two different fruits
Outside	Sock hop: dance and wiggle toes
Goodbye	Feet photo (no faces) for the family newsletter

COPY & PASTE

Emails, announcements & posts

Ready-to-use text. Replace anything in [brackets].

PARENT APP POST

"Friday is Rock Your Socks Day! Send your child in fun, mismatched socks to celebrate World Down Syndrome Day. #Celebrate321"

STAFF EMAIL

"Team: Friday, March 19 is Rock Your Socks Day. Please wear fun socks, lead one circle-time talk and one sock activity, and take feet-only photos. Thank you!"

SOCIAL POST

"Tiny toes, big message: different is good! Our friends rocked their socks for World Down Syndrome Day. #Celebrate321
#WorldDownSyndromeDay"

DOOR SIGN TEXT

"We're rocking our socks for 3.21! Ask your child about their socks today."

TIPS FOR LITTLE ONES

- Keep talks under 10 minutes
- Use a picture book or puppet
- Let kids ask anything; answer simply
- Never single out a child

BOOKS TO READ

- All Are Welcome (Alexandra Penfold)
- We're All Wonders (R. J. Palacio)
- See the Library Kit for more

HASHTAGS

#Celebrate321

#WorldDownSyndromeDay

#RockYourSocks

#CanalWinchester

PHOTOS & PERMISSION

- Feet photos are easy and private
- Ask before posting any face
- Never post children without a parent's OK
- Let people with Down syndrome tell their own story

WORDS THAT WORK

- "Person with Down syndrome" (or ask what they prefer)
- "Has Down syndrome," not "suffers from"
- Celebrate and belong, not pity
- Never the r-word



ROCK YOUR SOCKS DAY · FRIDAY, MARCH 19

Tiny toes, big hearts!

Our class is celebrating World Down Syndrome Day.
Different is good!

#Celebrate321 #WorldDownSyndromeDay

