



CELEBRATE 3.21 • FOR STUDENTS & FAMILIES

Invite My School Kit

For any student, PreK–12



A kit any student (or parent) can use to invite their class or school to celebrate World Down Syndrome Day. It includes invitation cards and letters, a parent email to the teacher, a one-page sheet for the teacher, a club pitch, and a certificate.

WHAT'S INSIDE

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| 1 | How to use this kit | 2 | Invitation card & letter |
| 3 | Parent email to the teacher | 4 | For Your Teacher (hand this over!) |
| 5 | Club & student council pitch | 6 | Certificate & checklist |

START HERE

Invite your class or school to celebrate 3.21

Any student can ask a teacher or principal to join Celebrate 3.21. This kit gives you the words and hands the school everything it needs.

HOW TO USE THIS KIT IN 4 STEPS

1

Pick who to ask

Your teacher is a great start. Older students can go to the principal, the counselor, student council, or a club advisor.

2

Fill in your invitation

Younger kids use the fill-in card (page 3) with a grown-up's help. Older students use the letter or the club pitch (pages 3 and 6). Parents can send the email on page 4.

3

Hand over the teacher page

Give your teacher or principal the one-page "For Your Teacher" sheet (page 5). It explains everything and shows where the free lessons are.

4

Follow up and celebrate

Check back in a week. When your school says yes, wear your wildest socks on **Friday, March 19**, and fill in your certificate (page 7).

WHO CAN USE IT

- Any student, preschool to 12th grade
- Parents and grandparents, for any school or teacher
- Students with Down syndrome, if they'd like to lead the ask
- Brothers, sisters, cousins, and friends

WHAT TO PRINT

- ☐ Page 3: invitation card or letter
- ☐ Page 5: For Your Teacher (the most important page!)
- ☐ Page 6: club or student council pitch (grades 6-12)
- ☐ Page 7: certificate and checklist

GOOD TO KNOW

- Ask early:** by mid-February gives teachers time to plan.
- No pressure:** if a teacher says not this year, say thank you. That's OK!
- You don't have to share anything personal.** You can just say you think it would be fun.
- Schools that say yes can use the free **School Leader Kit** and **Teacher Guides** at [Celebrate321.org](https://celebrate321.org).

STEP 2

Your invitation

Younger kids: fill in the card with a grown-up. Older students: copy the letter into an email, or write it by hand.

GRADES PREK-5 • FILL-IN CARD



Will our class celebrate 3.21?

Dear _____,

World Down Syndrome Day is **March 21**.

Can our class wear fun socks on **Friday, March 19** and learn about it? I think it

would be fun because

DRAW YOUR SOCKS HERE

From, _____

GRADES 6-12 • LETTER OR EMAIL

Dear [teacher or principal name],

World Down Syndrome Day is March 21, and this year our town is celebrating with **Celebrate 3.21**. I'd love for [our class / our school] to take part.

The easiest way is **Rock Your Socks Day on Friday, March 19**: everyone wears bright, mismatched socks. There are also free, ready-to-teach lessons for every grade, and they only take about 30 to 50 minutes.

This matters to me because [a reason: a friend, a family member, or "I think everyone should feel like they belong"].

I've attached a one-page sheet with the details. I'd be happy to help: make posters, read an announcement, or collect spare socks. Thank you for thinking about it!

[Your name], [grade]

FOR PARENTS

An email to your child's teacher

Two versions. Pick the one that fits your family, or mix and match.

VERSION A • ANY FAMILY

Subject: Would our class celebrate World Down Syndrome Day?

Hi [teacher name],

World Down Syndrome Day is March 21, and Canal Winchester is celebrating with Celebrate 3.21. [Child's name] asked if [his/her/their] class could join in.

The simplest version is Rock Your Socks Day on **Friday, March 19**: everyone wears fun, mismatched socks. There's also a free lesson for every grade with scripts and a student page, so there's nothing to prepare.

I've attached a one-page overview. I'd be glad to help: read a book to the class, send in spare socks, or help with a craft. Thank you!

[Your name]

[Child's name]'s [mom/dad/grandparent]

VERSION B • IF YOUR CHILD HAS DOWN SYNDROME

Subject: An idea for 3.21 Week

Hi [teacher name],

As you know, [child's name] has Down syndrome, and March 21 is World Down Syndrome Day. This year our town is celebrating with Celebrate 3.21, and our family would love for the class to join in with Rock Your Socks Day on **Friday, March 19**.

[Child's name] would like to [help lead / wear socks with friends / share a little about themselves]. Either way, the focus is simple: everyone is different, and everyone belongs.

There are free lessons for every grade, and I've attached a one-page overview. I'm happy to talk or help. Thank you!

[Your name]

TIP

If you want the whole school involved, send Version A to the principal and ask them to look at the free **School Leader Kit**. It has a planning guide, a lesson for every grade, morning announcements, and parent emails.

FOR YOUR TEACHER OR PRINCIPAL

A student invited you to celebrate 3.21!



Celebrate 3.21 is a Canal Winchester campaign for World Down Syndrome Day, March 21. It's free, simple, and made for classrooms.

1 • ROCK YOUR SOCKS

Friday, March 19. Everyone wears bright, mismatched socks. Snap a class feet photo.

2 • TEACH ONE LESSON

A ready-to-teach lesson for every grade, PreK to 12, with SAY scripts and a student page. 20 to 55 minutes.

3 • SHARE IT

Post your feet photo with **#Celebrate321** **#WorldDownSyndromeDay** (per your photo policy).

WHY 3/21?

Down syndrome means three copies of the 21st chromosome, so the day is 3/21. The big idea for students: **everyone is different, and everyone belongs.**

FREE RESOURCES

- **Teacher Guides** for PreK, K-2, 3-5, Middle, and High School
- **School Leader Kit** for principals
- **12 Classroom Slides**
- Take-home family kits and printables

GET EVERYTHING FREE

[Celebrate321.org/resources](https://celebrate321.org/resources)

Let us know your class is in at [Celebrate321.org](https://celebrate321.org) so we can cheer you on!

Invited by: _____

QR CODE

GRADES 6-12

Pitch it to your club or student council

Student-led ideas get a yes more often. Here's how to make yours.

60-SECOND PITCH (READ IT OR SAY IT YOUR WAY)

Hi, I'm [name]. March 21 is World Down Syndrome Day, and our whole town is celebrating with something called Celebrate 3.21.

I'd love for [our school / our club] to join in. The easiest thing is Rock Your Socks Day on Friday, March 19: everyone wears crazy, mismatched socks to show that different looks good here.

It's free, it's fun, and it helps every student feel like they belong. Can we do it? I'll help make it happen.

IDEAS YOUR GROUP COULD LEAD

- A 3.21 spirit week (Mismatched Monday to Rock Your Socks Friday)
- Morning announcements (scripts are in the School Leader Kit)
- A hallway sock wall or door-decorating contest
- A new-sock drive for a local shelter
- A lunch-table "no one sits alone" challenge

STEPS TO A YES

- 1 Get a buddy**
Two or three students asking together is powerful.
- 2 Talk to your advisor**
Share the For Your Teacher page.
- 3 Get the principal's OK**
Advisors know how.
- 4 Make a plan**
Pick a day, jobs, and supplies.

BE A GREAT ALLY

- If a classmate has Down syndrome, invite them to help lead, but let them choose
- Never make someone the example, and never share someone else's story
- Keep it fun: this is a celebration



THIS CERTIFIES THAT

invited their school to celebrate 3.21!

Thank you for helping everyone feel like they belong.

- ☐ I picked who to ask
- ☐ I gave my invitation
- ☐ I shared the For Your Teacher page
- ☐ I followed up
- ☐ We rocked our socks on March 19!